

Setting Your Sights



"I started playing the violin when I was 5 years old, and it ignited a lifelong passion for music and the arts. While I am no longer part of a traveling violin ensemble, I still enjoy playing.



"While I've known I wanted to be a doctor since a very young age, music has taught me the art of medicine, and the unspoken art of connecting with patients."

Whether they're brewing coffee, practicing an instrument, or hitting the slopes, surgeons like Ralph Chu, MD; Laura Periman, MD; and Nathan Radcliffe, MD, understand the importance that near vision holds in day-to-day life. That's why lifting this burden for patients is a top priority.



Where do you start with presbyopia? You start to hold your phone or book farther away. Then you turn on your phone light to read a menu. It's these small, basic things that can be the most frustrating.





"While I have a wide variety of glasses for use around the clinic and my home, there are times when I am keen to have another tool in my toolbox."

I rely on my near vision in multiple settings, indoors and outdoors. I like to ski, and I have great distance vision, but I can't see up close for little things, like zipping up my jacket or reading the trail map before I jump on the slopes.









During a recent trip, there was no magnifying mirror in the hotel room, and I couldn't put on my makeup while wearing my reading glasses.







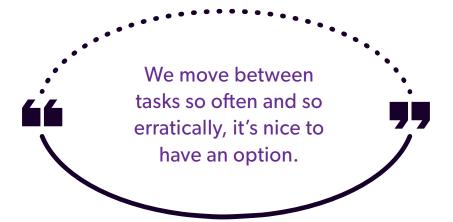
"Working near vision really just applies to so many different things that we do, and our presbyopic patients appreciate having options to improve their near vision.





"One of my pandemic hobbies has been to just completely geek out over making espresso. You may think you can make coffee without near vision—and you can—but there will be some element of it that is affected, such as the ability to see which button to press on the espresso machine or reading labels."





"Presbyopia affects me in a variety of ways. It's most disruptive early in the morning when I'm trying to check my phone, and I also notice the challenges in seeing up close in the clinic."

