

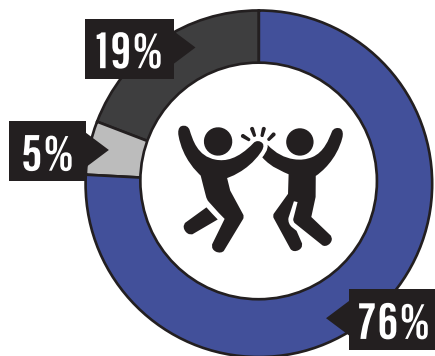
# IF YOU'RE HAPPY AND YOU KNOW IT TAKE A SURVEY



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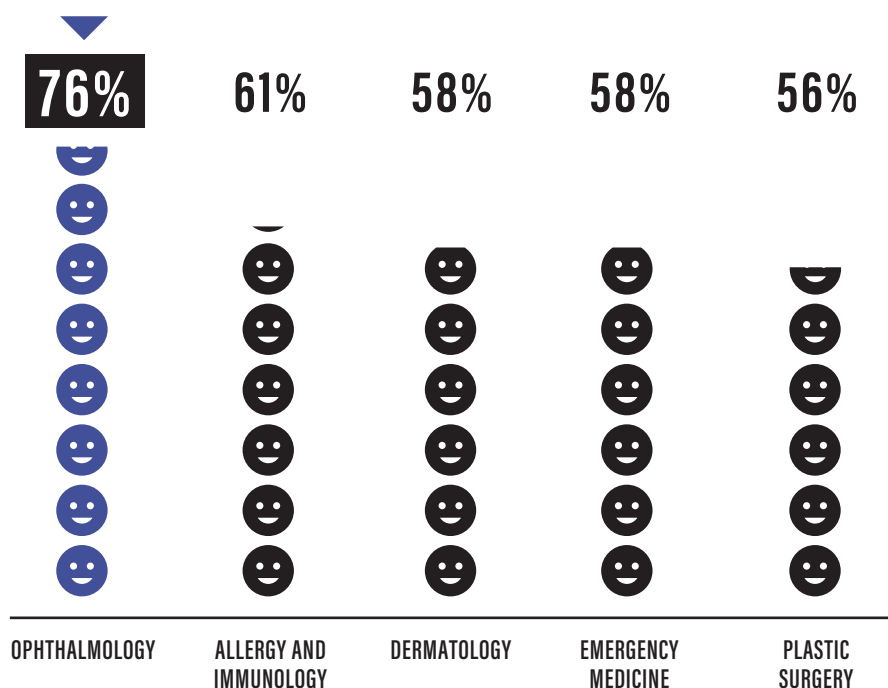
Medscape surveyed 15,543 US physicians across 29 specialties to get a snapshot of life outside of work.<sup>1</sup> The survey results were weighted to the American Medical Association's physician distribution by specialty and state. Here's a glimpse at some of what they found.

DOCTORS ARE GENERALLY A HAPPY GROUP OUTSIDE OF WORK.

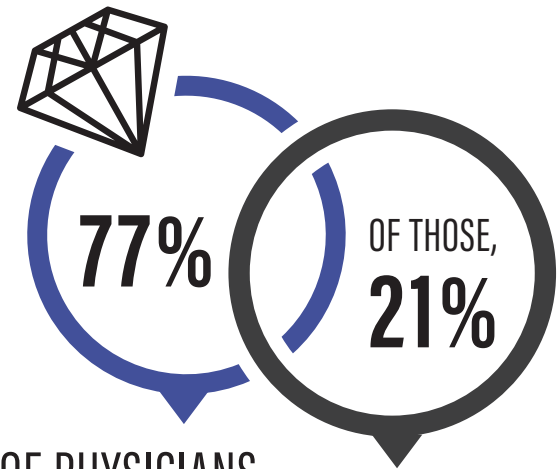


- Somewhat to extremely happy
- Neither happy nor unhappy
- Somewhat to extremely unhappy

OF ALL SPECIALISTS, OPHTHALMOLOGISTS ARE SOME OF THE HAPPIEST.



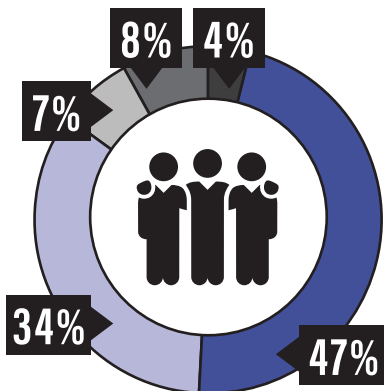
OPHTHALMOLOGISTS TEND TO IDENTIFY AS BEING MORE EXTROVERTED.



77% OF PHYSICIANS ARE MARRIED.

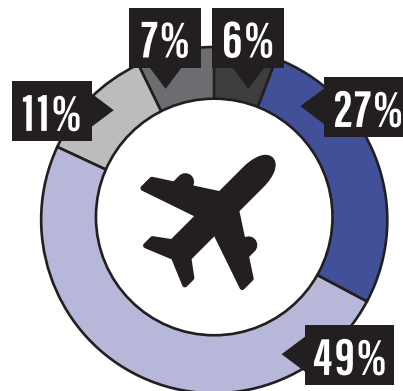
OF THOSE, 21% ARE MARRIED TO ANOTHER PHYSICIAN.

HOW MANY CLOSE FRIENDSHIPS DO PHYSICIANS HAVE?



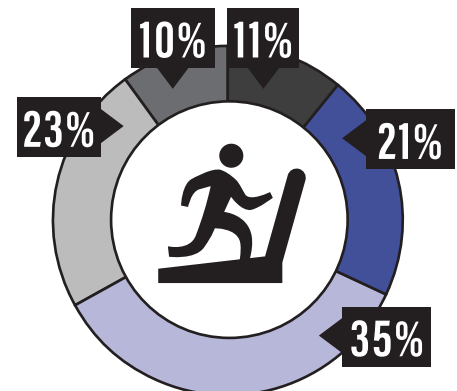
- None
- 1 to 3
- 4 to 6
- 7 to 9
- 10+

HOW MUCH VACATION TIME DO PHYSICIANS TAKE EACH YEAR?



- <1 week
- 1 to 2 weeks
- 3 to 4 weeks
- 5 to 6 weeks
- >6 weeks

HOW MUCH DO PHYSICIANS EXERCISE?



- Not at all
- Once per week
- 2 to 3 times per week
- 4 to 5 times per week
- Every day

1. The Medscape Physician Lifestyle & Happiness Report 2018. [https://www.medscape.com/slideshow/2018-lifestyle-happiness-6009320?src=ban\\_lifestyle2018\\_desk\\_mscpmrk\\_intra#1](https://www.medscape.com/slideshow/2018-lifestyle-happiness-6009320?src=ban_lifestyle2018_desk_mscpmrk_intra#1). Accessed January 31, 2018.