# Aganocide Compounds Show Activity Against Ophthalmic Pathogens

Bacteria are unlikely to develop resistance to this novel new class of agents.

# BY CONNI BERGMANN KOURY, EXECUTIVE EDITOR

ovaBay Pharmaceuticals, Inc., is developing aganocide compounds for use as anti-infective agents to treat ophthalmic, urologic, dermatologic, and hospital infections. According to Ron Najafi, PhD, chairman and CEO of the company, aganocides are analogues of natural compounds that are made by white blood cells when they fight off bacteria, viruses, and other microorganisms.

"When white blood cells capture bacteria in the body, they produce a series of compounds called *chlorotaurines*. Dr. Najafi said in an interview with *Cataract & Refractive Surgery Today*, "We have chemically modified these compounds so that, unlike their naturally occurring counterparts, they have an extended shelf life and thereby have commercial potential. We have extensive patents around this novel technology, and we are developing these compounds for market opportunities where antibiotics are currently the leading products, but are becoming ineffective due to the development of bacterial resistance."

## **NEW CLASS OF DRUG**

Dr. Najafi said that the company is interested in developing an alternative to antibiotics because of the rise in bacterial resistance. "Antibiotic use puts pressure on bacteria and causes them to modify and change," he said. "Aganocide compounds do not give rise to resistance because of the way that they attack bacteria." Early research by the company and its partners has repeatedly confirmed this claim. NovaBay Pharmaceuticals, Inc., is exploring the development of aganocides for the treatment of bacterial and viral ocular infections as well as skin infections such as impetigo.

The company recently announced the results of a phase 2 proof-of-concept clinical study of NVC-422 for the treatment of adenoviral conjunctivitis. Of the 452 patients randomized 1:1 to treatment with the agent or its vehicle as placebo, 81

were confirmed by laboratory findings to have adenoviral conjunctivitis. Although the predetermined primary endpoint of sustained microbiological success of 20% greater than placebo on day 5 or 7 was not met, Dr. Najafi noted that other encouraging and potentially more important results were observed instead (see *Phase 2 Clinical Trial of NVC-422 for Adenoviral Conjunctivitis*).

It was confirmed that 38% of the included patients were infected with adenovirus serotypes commonly associated with a highly contagious and vision-threatening condition known as *epidemic keratoconjunctivitis* (EKC). An additional efficacy analysis of this subset found that the treatment positively affected patients' clinical signs, symptoms, and microbiological findings. Dr. Najafi said that, importantly, a beneficial effect was seen for sustained clearing of blurred vision in all patients treated with NVC-422 versus placebo.

"We think NVC-422 was effective against EKC because the drops are delivered to the corneal surface, which is more receptive to the treatment than the conjunctiva," he said. "We are particularly pleased to find that the clinical results were most impressive in patients infected with viruses associated with EKC, the condition which is most likely to result in severe damage to the vision of infected patients, and which is of primary concern to the ophthalmology community. If future clinical trials with a larger number of patients confirm these results in a statistically significant manner, we believe we will have a new therapy for viral conjunctivitis and its potential damage to the cornea."

Dr. Najafi said that adenoviral conjunctivitis represents an unmet medical need in that there are no FDA-approved treatments. "The important thing is that, when someone presents with conjunctivitis, the ophthalmologist cannot tell if the cause is bacterial or viral," he commented. "If the cause is viral and antibacterial products are administered, they will not have an effect."

"The challenge is for us to develop an eye drop that has antibacterial and antiviral activities, and this technology has both," he added. "We were also very encouraged by the fact that the treatment was well tolerated." For other study details, see Confirmed Activity of Aganocides Against Ophthalmic Pathogens: ARVO.

Dr. Najafi said that the company has regained worldwide rights to its aganocide compounds from Alcon Laboratories, Inc., including all previously licensed areas in ophthalmic, otic, and sinus applications. NovaBay Pharmaceuticals, Inc., is free to continue the development of aganocides for these areas on its own or in collaboration with new partners. The company is planning a multicountry phase 2b trial to be conducted in 2012. Pending successful completion of this trial, the company expects to seek a partner for phase 3 registration studies through commercialization.

Ron Najafi, PhD, is the chairman and CEO of NovaBay Pharmaceuticals, Inc. Dr. Najafi may be reached at rnajafi@novabaypharma.com.

# Phase 2 Clinical Trial of NVC-422 for Adenoviral Conjunctivitis

NovaBay Pharmaceuticals, Inc., announced the results of a phase 2 clinical study of its NVC-422 ophthalmic solution for the treatment of adenoviral conjunctivitis. 1 Of a total of 452 patients randomized 1:1 for treatment with the novel agent or its vehicle as placebo, 81 were confirmed by laboratory findings to have adenoviral conjunctivitis. The predetermined primary endpoint of sustained microbiological success of 20% greater than placebo on day 5 or 7 was not met.

An additional efficacy analysis of the 38% of patients infected with adenovirus serotypes commonly associated with epidemic keratoconjunctivitis (EKC) was suggestive of positive treatment effects in clinical signs, symptoms, and microbiological findings, according to a news release from the company.

EKC is known to cause considerable morbidity. Once the cornea becomes involved, subepithelial infiltrates, photophobia, and blurred vision may persist for months to years (data on file with Adenovir Pharma AB, 2011). EKC may produce pseudomembranes and membranes, leading to significant conjunctival scarring with a loss of goblet cells and symblepharon formation. This can result in chronic dry eyes and the need for long-term tear supplementation, the news release stated.

#### PHASE 2 STUDY DESIGN AND FINDINGS

In this comprehensive, multicenter, double-masked, parallel, randomized US study, patients were enrolled based on a diagnosis of adenoviral infection using a rapid antibody-based kit or a positive diagnosis by a physician's checklist. Patients were dosed one drop per eye eight times a day for 10 days.

Microbiological, clinical, and safety evaluations were performed on days 3, 5, 7, 9, and 11, and a follow-up was done 1 week later on day 18. Originally intended to evaluate a total of 220 patients with confirmed adenoviral infection (110 in each group for NVC-422 and placebo-treated

patients), the study was concluded early based on an interim analysis of the first 50 adenovirus-positive patients on day 5 or 7 and a lower-than-expected rate of enrollment of adenoviral-positive patients.

#### PRIMARY STUDY ENDPOINT

The original primary study endpoint was defined as the proportion of patients with microbiological success for eradication of adenoviruses on any day. In February 2010, the protocol was amended, and only day 5 or 7 was selected for analysis of the primary endpoint. Success was defined as the sustained eradication of adenovirus that remained absent at all subsequent visits. Of the 81 evaluable patients, 10 in the active group and eight in the placebo group met this endpoint on day 5. On day 7, the patients meeting the endpoint increased to 20 in the active group and 19 in the placebo group. The difference was not statistically significant at either day.

In the adenovirus-positive population, 50 of the 81 patients reported blurred vision at entry. In the subset of patients infected by adenovirus serotypes commonly associated with EKC (8, 19, and 37), 21 of 30 reported blurred vision at entry.

On day 11, in the adenovirus-positive population, the clearing rate for sustained blurred vision was 70% (19/27) for the active group compared to 61% (14/23) for the placebo group, a difference of 9%. On day 18, in the adenoviruspositive population, the clearing rate of sustained blurred vision was 89% (24/27) for the active group compared to 74% (17/23) for the placebo group, a difference of 15%.

## **RESULTS FOR EKC PATIENTS**

On day 11 for the EKC population, the clearing rate of sustained blurred vision was 85% (11/13) for the active

group compared to 38% (3/8) for the placebo group, a difference of 47%. On day 18 for the EKC population, the clearing rate of sustained blurred vision was 92% (12/13) for the active group compared to 50% (4/8) for the placebo group, a difference of 42%.

In the 81 adenovirus-positive patients, the sustained microbiological success rate increased throughout the 18 days of the study to 83% (35/42) for the active group and 74% (29/39) for the placebo group at day 18, a difference of 9%. The maximal difference at any treatment day was 12% in favor of the active group. In the EKC population (30 patients), the sustained microbiological success rate increased throughout the 18 days of the study to 77% (13/17) for the active group and 62% (8/13) for the placebo group at day 18, a difference of 15%. Throughout the study, the difference in success rates between active and placebo for the EKC population was always positive and ranged from approximately 6% to 18%, starting at day 3.

### CONCLUSION

Eric Donnenfeld, MD, chief medical editor of Cataract & Refractive Surgery Today, commented on the study: "I have thoroughly reviewed the data analyses from this adenovirus conjunctivitis study and found them to be compelling, particularly as they relate to epidemic keratoconjunctivitis. As a practicing ophthalmologist who has participated in over 40 FDA studies, some involving anti-infectives to treat viral eye infections, I appreciate the need in the market for a product that can treat these serious eye conditions. I believe NVC-422 has the potential to make a difference in the lives of these patients."

Eric D. Donnenfeld, MD, is a professor of ophthalmology at NYU and a trustee of Dartmouth Medical School in Hanover, New Hampshire. Dr. Donnenfeld is in private practice with Ophthalmic Consultants of Long Island in Rockville Centre, New York. He acknowledged no financial interest in the product or company mentioned herein. Dr. Donnenfeld may be reached at (516) 766-2519; eddoph@aol.com.

# Confirmed **Activity of Aganocides Against Ophthalmic** Pathogens: ARVO

Kathryn Najafi, MD, and colleagues presented a poster on the broad-spectrum, fast-acting antimicrobial agents NVC-727, NVC-638, and NVC-704 (all from NovaBay Pharmaceuticals, Inc.) at the 2011 ARVO meeting.1

The researchers found that NVC-727 was effective against adenovirus and herpes simplex virus 1, with a good activity against Staphylococcus aureus and Escherichia coli. NVC-727 showed a fast time to kill in 10% synthetic tears and human donor tears at pH 7 against S aureus and herpes simplex virus 1. NVC-638 and NVC-704 are novel structural series with good antibacterial and antiviral (human adenovirus C serotype 5 and herpes simplex virus 1) activity at pH 4, Dr. Najafi and colleagues reported.

"NVC-727, NVC-638, and NVC-704 are very exciting new molecules in our growing portfolio of broad-spectrum, fast-acting, Aganocide compounds," Mark Anderson, PhD, chief scientific officer of NovaBay Pharmaceuticals, Inc., stated in a news release.<sup>2</sup> "In ophthalmology, we are uniquely positioned to develop an eye drop that will treat both bacterial and viral causes of conjunctivitis including epidemic keratoconjunctivitis also known as EKC."

According to the company, adenovirus is very robust and can survive outside the body on hard surfaces. Patients with epidemic keratoconjunctivitis are often advised not to attend work or school for 1 to 2 weeks. Approximately 45% of individuals in a patient's close surroundings will become infected, and approximately 3 million school days are lost annually as a result of acute conjunctivitis. Although exact numbers are difficult to determine, estimates suggest the number of cases of ocular adenoviral infections may be as high as 15 to 20 million per year in the United States (data on file with Adenovir Pharma AB, 2011).

Kathryn Najafi, MD, is in practice at the Eye Institute of Marin in San Rafael, California. She is a founding member of the board of directors of NovBay. Dr. Najafi may be reached at (415) 444-0300.

<sup>1.</sup> NovaBay Pharmaceuticals reports results from phase 2 clinical trial of NVC-422 for adenoviral conjunctivitis. May 18, 2011. http://www.novabaypharma.com/investors/release/ may\_18\_2011. Accessed June 1, 2011.

<sup>1.</sup> Najafi K. Aganocide compounds effective against ophthalmic pathogens. Poster presented at: 2011 ARVO Meeting; May 6, 2011; Fort Lauderdale, FL

 $<sup>2.\</sup> Nova Bay\ Pharmaceuticals\ spotlights\ three\ new\ Aganocide\ compounds\ with\ confirmed\ activity\ against\ ophthalmic$ pathogens.May 6, 2011. http://www.novabaypharma.com/investors/release/may\_6\_2011. Accessed June 1, 2011.